



## SPORTS MEDIA RELATIONS NEWS

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PHONE: (808) 956-7523 • FAX: (808) 956-4470 • WEB SITE: <http://uhathletics.hawaii.edu>HAWAII RAINBOW WAHINE CROSS COUNTRY MEDIA NOTES**Hawai'i Defends Team, Individual Willamette Invitational**Sept. 30, 2002 *Rainbow Wahine Battle in the "Largest Collegiate Meet in the West"*

**THIS WEEK...**The University of Hawai'i women's cross country heads to Salem, Ore., to participate in what is termed the "largest collegiate cross country meet in the West Coast" this Saturday, Oct. 5, at the 28th Willamette Invitational. Four races highlight the day with the women's college race beginning at 12:45 p.m. PST at Bush's Pasture Park...more than 1,000 participants are slated to run in four scheduled events - men's 8K Open, Men's Collegiate 8K, Women's 5K Open, and Women's Collegiate 5K.

**UH COACHING STAFF...**UH Head Coach **Carmyn James** is in her third season with the Rainbow Wahine...she comes to UH after serving as the head coach for the University of British Columbia from 1988-2000...**Andy McInnis** is in his second season as associate coach.

**UH LINEUP THIS WEEK...**The Rainbow Wahine are sending 10 members of its 23-member squad to Salem, Ore. The 10 heading to the Willamette Invitational are **Teryn Bentley, Hanna Bremler, Victoria Chang, Jennifer Crumley, Jodi Enomoto, Robin McRobbie, Carin Patterson, Leonie Sugai, Sarah Verga,** and **Alethe West**.

**A LOOK BACK AT THE 2001 WILLAMETTE INVITATIONAL...**UH participated in the 2001 27th Willamette Invitational last season as senior **Cheryl Smith**, who captured first place among the women, posted a new course record with a time of 16:56.33. Teammate **Casey McGuire-Turcotte** finished right behind Smith in second place overall with a time of 17:41.50. UH, as a team, also won the Division I Women's 5K event totaling 42 points, edging Oregon (43), Portland (59), and Portland State (81).

**STANFORD RECAP...**The University of Hawai'i split its 22-active runners sending 12 to participate at the Stanford Invitational in Palo Alto, Calif, today and finished in fifth place in the women's university division 4K race. The mostly overcast skies and temperatures in the 70s were almost ideal for the runners. **Victoria Chang**, who started her collegiate career at Stanford, was UH's top finisher in 8th place overall coming in with a time of 14 minutes and 37 seconds. She was followed closely by teammate **Hanna Bremler** who placed 11th just seven seconds behind Chang. UH had seven runners in the team-scoring 4K race. The other top three for UH that scored were **Alethe West** coming in 38th place with a time of 15:40 followed closely by **Jennifer Crumley** just one second behind. The final runner that scored was **Robin McRobbie** in 62nd at 16:19. **Jordana Whittington** and **Carin Patterson** did not score but finished in 76th and 78th place with times of 16:42 and 16:44, respectively. "I'm extremely pleased with the team's progress over the course of the first five weeks of the season," UH Head Coach **Carmyn James** said. "They are getting out stronger and enduring the pain while making steady progress." Stanford captured the team title totaling 75 points followed by Wisconsin in second with 83. Purdue came in third with 89 points, Montana in fourth with 120, and Hawai'i in fifth with 137. UH had the best score among the four Western Athletic Conference teams at the meet. The Rainbow Wahine nosed out SMU, who came in sixth place with 143 points. The other two WAC schools were Fresno State in 14th place and San Jose State in 15th with 380 and 408 points, respectively. In the non-scoring 5K event, UH had five runners amongst the 85 total. The top UH finisher was **Teryn Bentley** placing 14th overall with a time of 19:31. A mix-up at the finish line had her further down on the list. **Jodi Enomoto** also posted a solid showing. The senior broke the 20-minute mark for the first time in her career coming in 22nd place overall with a time of 19 minutes and 44 seconds.

**2002 Hawai'i Cross Country Schedule**

<u>Date</u>	<u>Meet</u>	<u>Time/Results</u>
9/7	Chaminade University Invitational (5 km) @BYUH Campus - Laie, Oahu	1st/31 pts.
9/14	Hawai'i-Hilo Invitational @UHH, Big Island (5 km)	4th/75 pts.
9/21	University of Hawai'i Big Wave Invitational @Kualoa Ranch, North Shore (5 km)	2nd/88 pts.
9/28	Stanford Invitational (4 km & 5 km) @Palo Alto, CA (Split Squad)	5th/137 pts.
9/28	BYU-Hawai'i (5 km) @BYUH Campus - Laie, Oahu	4th/109 pts.
10/5	Willamette University Invitational @Salem, OR	12:45 a.m.
10/12	Triton Classic X-C Invitational (6 km) @UC San Diego Campus	9:30 a.m.
10/12	Hawai'i Pacific University Invitational (6 km) HPU Windward Campus - Kaneohe, Oahu	7 a.m.
10/19	University of Hawai'i X-C Sprint Series #1 @USMC - Kaneohe Klipper Course (3 km)	7:30 a.m.
11/2	WAC Cross Country Championship (5 km) @SMU Campus - Dallas, TX	TBA
11/16	NCAA West Regional Championship (6 km) @Stanford University - Palo Alto, CA	TBA
11/25	NCAA National Championships (6 km) @Indiana State University - Terre Haute, IN	12 p.m.

The other three runners in the non-scoring event were **Leonie Sugai** (26th, 20:01), **Sara Verga** (32nd, 20:12), and **Kira Lee** (51st, 21:22). "We will be back here later in the fall," James said. "It'll be much tougher and hillier on the 6K course at the West Regional." UH will be back at Stanford in November for the NCAA West Regional.

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**BYU-HAWAII RECAP**...The University of Hawai'i, which split its 22-active member squad, sent five runners to Laie for the Brigham Young University-Hawai'i Invitational, and placed fourth overall among the local colleges. The majority of the UH squad ran in the Stanford Invitational in Palo Alto, Calif. Transfer **Michelle Romance** paced the Rainbow Wahine placing 18th overall among the 28 runners this morning. She came in with a time of 21 minutes and 43 seconds. Teammate **Erin Lopez** followed Romance in 19th coming in at 21:48. The other three scorers for the Rainbow Wahine were **Lana Phillips** (22nd, 22:49), **Michelle Le** (24th, 23:28), and **Shawna Kawasaki** (26th, 24:47). Hawai'i Pacific took team honors totaling 26 points, followed in second by Hawai'i-Hilo with 43, and in third was host BYU-Hawai'i at 67. Chaminade did not qualify as they only had four runners.

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**DOWN THE TRAILS**...UH is splitting its squad again next Saturday, Oct. 12, as half the team heads to the mainland for the Triton Classic Cross Country Invitational. That race is a 6K event at 9:30 a.m. PST hosted by UC San Diego...the other half of the team is participating in Hawai'i Pacific Invitational at 7 a.m. at the Kaneohe campus.

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## 2002 University of Hawai'i Cross Country Roster

<u>Name</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Hometown/High School</u>
Jenn Bell	5-0	Jr.	Chino, CA/Ontario Christian H.S.
Teryn Bentley	5-6	Jr.	Missoula, MT/Sentinel H.S.
Carolyn Berger	5-6	Sr.	Honolulu, Oahu/Punahou School
Hanna Bremler	5-8	Fr.	Tyreso, Sweden/Enskede Gards Gymnasium
Victoria Chang	5-3	Jr.	Honolulu, Oahu/Punahou School
Jennifer Crumley	5-3	Sr.	Idaho Falls, ID/Idaho Falls H.S.
Jodi Enomoto	5-1	Sr.	Mililani, Oahu/Mililani H.S.
Shayne Enright	5-9	Jr.	Kailua, Oahu/Maryknoll H.S.
Shawna Kawasaki	5-1	Jr.	Waipahu, Oahu/Kamehameha Schools
Michelle Le	5-3	Fr.	Honolulu, Oahu/Roosevelt H.S.
Kira Lee	5-5	So.	Kona, Big Island/Hawai'i Preparatory Academy
Monica Lee	5-4	So.	Honolulu, Oahu/Moanalua H.S.
Erin Lopez	5-3	Fr.	Huntington Beach, CA/Edison H.S.
Robin McRobbie	5-5	Jr.	Ottawa, Canada/Gloucester H.S.
Carin Patterson	5-4	Fr.	Gooding, ID/Gooding H.S.
Lana Phillips	5-7	So.	Wills Point, TX/Wills Point H.S.
Ashley Quinn	5-8	Jr.	Kohala, Big Island/Kohala H.S.
Michelle Romance	5-7	Sr.	Ottawa, Canada/Glebe Collegiate Institute
Leonie Sugai	5-0	Fr.	Kaneohe, Oahu/Castle H.S.
Sara Verga	5-4	Sr.	Honolulu, Oahu/Punahou School
Alethe West	5-5	Jr.	Cobram, Australia/Goulburn Valley Grammar School
Jordana Whittington	5-7	So.	Sarnia, Canada/St. Christopher H.S.
Sarah Wood	5-3	Fr.	Silverton, OR/Silverton H.S.

**Head Coach:** Carmyn James

**Associate Coach:** Andy McInnis

**Graduate Assistant:** Garrett Collier

**Volunteer:** Kawehi Rickard

**Team Manager:** Brett Gontarek