



SPORTS MEDIA RELATIONS NEWS

1337 LOWER CAMPUS ROAD • HONOLULU, HI 96822-2370
 PHONE: (808) 956-7523 • FAX: (808) 956-4470 • WEB SITE: <http://uhathletics.hawaii.edu>

HAWAII RAINBOW WAHINE CROSS COUNTRY MEDIA NOTES

Hawaii Harriers Island-hop to Big Island

Sept. 12, 2002

New Fresh Faces, Experience Dot UH Lineup in 2002

THIS WEEK...The University of Hawaii women's cross country squad heads to the Big Island of Hawaii Saturday, Sept. 14, for the Hawaii-Hilo Invitational. The 5k invite is in on the UHH campus and is comprised of local college squads including Chaminade, BYU-Hawaii, Hawaii Pacific, UH, and the host Vulcans. The men's race is slated to start at 8 a.m. with the women to follow at approximately 8:30 a.m.

UH COACHING STAFF...UH Head Coach **Carmyn James** is in her third season with the Rainbow Wahine...she comes to UH after serving as the head coach for the University of British Columbia from 1988-2000...**Andy McInnis** is in his second season as associate coach.

UH LINEUP...UH, with its 23 member squad, has its largest and deepest team in a long time. Returning are seniors **Jodi Enomoto**, **Carolyn Berger**, **Jennifer Crumley**, and **Sara Verga**. Also, back are juniors **Shanye Enright**, **Shawna Kawasaki**, and **Teryn Bentley**. Berger is slated to redshirt this year, though. The Rainbow Wahine have 15 new members on this year's team, five of them transfers with experience. Also joining the cross country squad for their first season are sophomores **Monica Lee**, **Kira Lee**, **Lana Phillips**, and **Alethe West**, along with junior **Ashley Quinn** - all participants this past spring on the outdoor track squad. **Victoria Chang**, a transfer from Stanford, is a local product prepping locally at Punahou School. Chang, a junior in cross country, brings with her solid running credentials. She was the Pac-10 Women's Newcomer of the Year leading Stanford to the league title with a 5th place overall finish while also finishing runner-up in the Junior Women's 6,000-meter race at the Winter Cross Country Nationals...other notable transfers include **Jenn Bell** (Jr., Mt. SAC), **Robin McRobbie** (Jr., Louisiana-Lafayette), **Jordana Whittington** (So., Florida State), and **Michelle Romance** (Sr., Calgary)...joining the transfers are freshmen **Hanna Bremler**, **Michelle Le**, **Erin Lopez**, **Carin Patterson**, **Leonie Sugai**, and **Sarah Wood**.

2002 Hawaii Cross Country Schedule

<u>Date</u>	<u>Meet</u>	<u>Time/Results</u>
9/7	Chaminade University Invitational (5 km) @BYUH Campus - Laie, Oahu	1st/31 pts.
9/14	Hawaii-Hilo Invitational @UHH, Big Island (5 km)	8 a.m.
9/21	University of Hawaii Big Wave Invitational @Kualoa Ranch, North Shore (5 km)	3:30 p.m.
9/28	Stanford Invitational (4 km & 6 km) @Palo Alto, CA (Split Squad)	TBA
9/28	BYU-Hawaii (5 km) @BYUH Campus - Laie, Oahu	8 a.m.
10/5	Willamette University Invitational @Salem, OR	TBA
10/12	Triton Classic X-C Invitational (6 km) @UC San Diego Campus	8:30 a.m.
10/12	Hawaii Pacific University Invitational (6 km) HPU Windward Campus - Kaneohe, Oahu	7 a.m.
10/19	University of Hawaii X-C Sprint Series #1 @USMC - Kaneohe Klipper Course (3 km)	7:30 a.m.
11/2	WAC Cross Country Championship (5 km) @SMU Campus - Dallas, TX	TBA
11/16	NCAA West Regional Championship (6 km) @Stanford University - Palo Alto, CA	TBA
11/25	NCAA National Championships (6 km) @Indiana State University - Terre Haute, IN	12 p.m.

LAST WEEK: RAINBOW WAHINE CAPTURE CHAMINADE INVITATIONAL TITLE...UH got a strong team showing last Saturday at the Chaminade Invitational held on the BYU-Hawaii Campus in Laie, Oahu...transfer **Victoria Chang** and freshman **Hanna Bremler** propelled the team with third and fourth place finishes, respectively...also turning in solid performances were transfer **Jenn Bell** (6th) and **Alethe West** (8th)...UH totalled 31 points edging Hawaii Pacific by six points in the local college event.

ON THE HORIZON...Hawaii hosts the University of Hawaii Big Wave Invitational next Saturday, Sept. 21...the Big Wave is slated for Kualoa Ranch with high school races starting earlier in the day and the collegiate race begins at 3:30 p.m.