



Swimming & Diving News

University of Hawai'i Sports Media Relations
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FOR IMMEDIATE RELEASE

October 15, 2002

Swimming and Diving 2002-03 Schedule

Date	Event	Location	Time/Results
10/11/02	Senior Circuit	DKAC	DNS
10/18/02	U. of Pacific	DKAC	6:00 PM
11/1-2/02	Big West Shootout*	Irvine, CA	All Day
11/15/02	UC Santa Barbara	DKAC	4:00 PM
11/16/02	UC Santa Barbara	DKAC	Noon
11/29-30/02	Texas Diving Invitational	Austin, TX	All Day
12/06/02	Senior Circuit	DKAC	6:00 PM
12/5-7/02	Auburn Invitational	Auburn, AL	All Day
12/17/02	Oregon St. (W), Seattle, C. Washington	DKAC	6:00 PM
1/3/03	Rainbow Invitational	DKAC	3:00 PM
1/4/03	Rainbow Invitational	DKAC	9:30 AM
1/7-8/03	Hawai'i Diving Invitational	DKAC	All Day
1/10/03	Wisconsin/New Hampshire	DKAC	6:00 PM
1/17/03	San Diego SU (W)	DKAC	6:00 PM
1/25/03	Washington	DKAC	Noon
2/7/03	Senior Circuit	DKAC	6:00 PM
2/26-3/1/03	WAC Women's Meet	San Antonio, TX	All Day
2/26-3/1/03	NIC Men's Meet	Rochester, MI	All Day
3/8-9/03	Last Chance Meet	DKAC	6:00 PM
3/14-15/03	Zone E Diving Champs	Oklahoma City, OK	All Day
3/20-22/03	NCAA Women's Meet	Auburn, AL	All Day
3/27-29/03	NCAA Men's Meet	Austin, TX	All Day

*Big West Shootout: UNLV, UW, UH, UCI, UOP, UCSB, CSUB, CPSLA, UDen (m)

*DNS denotes Did Not Score.

Hawai'i to Face Big West Champions

The University of Hawai'i men's and women's swimming teams are competing in their first scoring meet of the season versus the **University of the Pacific** this Friday, October 18, at 6:00 PM.

Last season, both UOP teams captured Big West Titles at their leagues championships. UOP competes in the Big West Division. The championships marked the first for the women's team and the end of a 23-year streak for the men's team.

The UOP men's and women's swimming teams opened up their seasons with losses to California. Since UOP has no diving, UH diving events will start at 5:00 PM.

Last Meet Recap...

The season got underway on October 11, at the Senior Circuit. It was a strong start for the men. **Nimrod Palma** placed first in the 200-Relay (1:34.82). He also took first in the 200-fly (1:53.24) and in the 500-free (51.13). He finished second in the 100-back (55.97).

Peter Thew showed his skills in the 200-Relay, placing first (1:34.82) and in 100-back (52.34). He came in third in the 50-free (21.72) and placed within the top five in the 100-free (47.45).

Nick Cabebe was part of the first place win in the 200-Relay (1:34.82). **Tudor Ignat** picked up the top spot in the 100-breast (57.53) and 200-breast (2:06.93). **Cheyne Bloch** clocked top times in the 50-free (21.15) and the 100-free (46.40).

Wahine **Morgan Swinburne** finished second in the 200-Medley (1:56.63), along with **Jacyln Rosen, Michelle Vos and Stephanie Regucera**. Vos clocked in with the fastest time in the 200-back (2:17.05) and Swinburne took third in the 200-free (2:02.00). **Stephanie Regucera** had the top time in the 100-fly (1:03.80).

About the Duke Kahanamoku Aquatic Complex...

The facility consisting of a 50-meter training pool and a separate 25-yard competition and diving pool houses the swimming and diving teams and the women's water polo team. It also hosts the Hawai'i High School Athletic Association's Swimming Championships and the aquatic competitions of the Hawai'i State Games.

The diving pool is one of the fastest in the country with eight-foot and six-foot wide lanes and a depth of 15 feet. Two 1-meter and 3-meter springboards and three platform towers at heights of five, seven-and-a-half, and 10-meters decorate the diving pool. The DKAC also houses a hot tub and an underwater viewing room.

The DKAC was first constructed in 1978 with additional renovations in 1986.

Head Swimming Coach:	Mike Anderson
Assistant Coaches:	Carrie Manhart
	Chris Mooney
	David Struthers
	JiaLin (Sunny) Sun
Head Diving Coach:	Mike Brown
Volunteer Diving Coach:	Anita Rossing
Strength and	
Conditioning Coach:	Andy Deichert

2002-2003 Rainbow Roster

<u>Player</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Hometown</u>
David Abrams	Breast	5-9	Fr.	Phoenix, AZ
Josh Anaya	Free	5-9	Fr.	Honolulu, Oahu
Cheyne Bloch	Breast	6-4	Jr.	Wailuku, Maui
Kurt Boehm	Fly/IM	6-6	Sr.	Erlangen, Germany
Chris Braun	Free/IM	5-10	Jr.	Reno, NV
Nick Cabebe	Free	5-10	So.	Kaneohe, Oahu
Jonathan Coyle	Diving	5-6	So.	Austin, TX
Aaron Dahlin	Free	5-9	Fr.	Enoch, UT
Hugo Duran	Free	6-1	So.	Las Palmas , G.C.I
Lance Fujioka	Back	5-8	Sr.	Mililani, Oahu
Mike Gowdy	Diving	5-9	Jr.	London, Ontario Canada
Spencer Haskins	IM	5-8	Fr.	Rockford, MI
Nathan Howell	Free	6-0	Fr.	Cedar City, UT
Tudor Ignat	Breast	5-10	So.	Suceava, Romania
Andy Lachman	Free	5-10	Sr.	Portland, OR
Erik Lesnewsky	Free	6-3	Jr.	Gilroy, CA
Aaron Mikuni	Fly	5-7	Sr.	Concord, CA
Nimrod Palma	Fly	5-10	So.	Kibutz Kfar Hanassi, Israel
Brett Palmer	Free	6-1	Fr.	Marysville, PA
John Pearce	Free	6-3	Jr.	Fort Smith, AR
Devin Reese	Free	5-10	Fr.	Reno, NV
Bill Rollins	Back	6-4	So.	Austin, TX
Mike Sheldt	IM	5-10	Fr.	Charlotte, NC
Will Strantz	Free	6-3	Fr.	Denton, TX
Athanasios Thanopoulos	Free	5-10	Fr.	Patr. Grigoriou E 14, Greece
Peter Thew	Free	6-1	Fr.	Bulli, NSW Australia
Michael Jordan Thompson	Back	5-7	So.	Spokane, WA
Steve Worthy	Fly	5-10	Fr.	Walnut Creek, CA

2002-2003 Wahine Roster

<u>Player</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Hometown</u>
Amanda Birch	Fly	5-9	So.	Hood River, OR
Yan Chen	Fly/IM	5-10	Fr.	Da Lian, Peoples Republic of China
Whitney Field	Back	5-7	Fr.	Ann Arbor, MI
Cindy Goudie	Free	5-9	So.	Hobart, Tasmania Australia
Morgan Hoesterey	Breast/Fr	5-6	Sr.	Irvine, CA
Jenalin Miller	Diving	5-6	Jr.	Lake Forest, CA
Victorya Moreno	Diving	5-4	Fr.	Petaluma, CA
Lauren Nickerson	Free	5-8	Fr.	Ewa Beach, Oahu
Jessica Nohara	Free	5-3	Fr.	Lahaina, Maui
Rebekah Olsen	Free	5-7	Jr.	Woodland Park, CO
Jamie Parrott	Diving	5-5	Fr.	Lewisville, Texas
Stephanie Regucera	Free/Fly	5-2	So.	San Jose, CA
Maggie Roberts	Diving	5-7	So.	Sandringham, Victoria Australia
Jaclyn Rosen	Back	5-10	Fr.	San Francisco, CA
Jillian Saldana	Free/Fly	5-10	Jr.	Grand Island, NY
Mallory Socha	Free	5-7	So.	Monrovia, CA
Shannon Stoddard	Free	5-4	Jr.	La Canada, CA
Morgan Swinburne	Free	5-9	Fr.	Scarborough, ME
Michelle Vos	Free	5-10	Jr.	Bellflower, CA
Malia Wagner	Free	5-8	Fr.	Torrance, CA
YingJuan Zhen	Back	5-11	Fr.	Guang Zhou, Peoples Republic of China

CSCAA

Women's Swimming

Coaches Poll

<u>Team</u>	<u>Points</u>
1 Stanford	200
2 Auburn	192
3 California	175
3 Arizona	175
5 Texas	169
6 Georgia	167
7 Florida	154
8 USC	142
9 SMU	133
10 Notre Dame	128
11 UCLA	113
12 Arizona State	112
13 Penn State	104
14 Virginia	101
15 No. Carolina	88
16 Michigan	82
17 Wisconsin	75
18 Northwestern	56
19 Pacific	53
20 Maryland	46

CSCAA

Men's Swimming

Coaches Poll

<u>Team</u>	<u>Points</u>
1 Stanford	200
2 Auburn	192
3 Texas	184
4 California	176
5 Tennessee	167
6 Minnesota	159
7 Arizona State	150
8 USC	146
9 Arizona	135
10 Michigan	131
11 Florida	117
12 Virginia	111
13 So. Carolina	105
14 Georgia	98
15 Texas A&M	77
16 SMU	74
17 Wisconsin	71
18 Alabama	64
19 Pittsburgh	62
20 Penn State	51

NCAA 2003 Time Standards

(25-Yard Course)

Division I Men's

<u>Event</u>	<u>A Standard</u>	<u>B Standard</u>
50 Free	:19.74	:20.33
100 Free	:43.64	:44.94
200 Free	1:36.39	1:39.28
500 Free	4:19.72	4:27.51
1,650 Free	15:01.39	15:28.43
100 Fly	:47.34	:48.76
200 Fly	1:44.93	1:48.07
100 Back	:47.72	:49.15
200 Back	1:44.02	1:47.14
100 Breast	:54.30	:55.92
200 Breast	1:57.68	2:01.21
200 IM	1:46.71	1:49.91
400 IM	3:47.29	3:54.10
200 Free Relay	1:18.47	1:20.82
400 Free Relay	2:55.06	3:00.31
800 Free Relay	6:26.62	6:38.21
200 Med Relay	1:27.21	1:29.82
400 Med Relay	3:12.44	3:18.21

Division I Women's

<u>Event</u>	<u>A Standard</u>	<u>B Standard</u>
50 Free	:22.89	:23.57
100 Free	:49.63	:51.11
200 Free	1:47.49	1:50.71
500 Free	4:45.71	4:54.28
1,650 Free	16:27.53	16:57.15
100 Fly	:54.14	:55.76
200 Fly	1:58.98	2:02.54
100 Back	:55.15	:56.80
200 Back	1:57.70	2:01.23
100 Breast	1:02.07	1:03.93
200 Breast	2:14.23	2:18.25
200 IM	2:00.76	2:04.38
400 IM	4:15.12	4:22.77
200 Free Relay	1:31.03	1:33.76
400 Free Relay	3:20.26	3:26.26
800 Free Relay	7:11.65	7:24.59
200 Med Relay	1:40.46	1:43.47
400 Med Relay	3:39.12	3:45.69